



Basic life support + first aid for healthcare providers 2025 course

Introduction

SECTION 1: Foundational concepts of BCLS

SECTION 2: Response to an adult in cardiac arrest

SECTION 3: Basic life support for infants and children

SECTION 4: Automated external defibrillation in infants and children

SECTION 5: Working as a team

SECTION 6: Preventing cardiac arrest

SECTION 7: First aid for adults

SECTION 8: First aid for children

SECTION 9: OSHA injury and illness recordkeeping and reporting steps

Activity summary

- Activity title: Basic life support (BLS) & first aid (Cardiopulmonary resuscitation (CPR), automated external defibrillator (AED), and first aid)
- Release date: 2024-06-01
- Expiration date: 2027-05-31
- Estimated time to complete activity: 8 hours
- The exam includes 25 multiple choice questions, you must achieve 84% or better to pass.
- Course is compliant with Section 508 of the Americans with Disabilities Act (ADA) and includes text captioning for audio components.
- This course is accessible with any web browser.
- Jointly provided by Postgraduate Institute for Medicine and Pacific Medical Training.
- PIM Activity ID: 18514-4

Target audience

This activity has been designed to meet the educational needs of physicians, physician assistants, nurse practitioners, registered nurses, pharmacists and dentists involved in the care

of patients who require cardiopulmonary resuscitation, automated external defibrillation, or first aid.

Educational objectives

Participants in this program will be able to:

- Explain the change in emphasis from airway and ventilation to compressions and perfusion.
- Select the correct order of interventions for the victim of cardiopulmonary arrest.
- List the steps required to safely operate an AED.
- Differentiate between adult and pediatric guidelines for CPR.
- Explain how to apply the various first aid interventions.
- Describe how to apply the various pediatric first aid interventions.
- Recognize the signs of someone needing CPR.
- Perform high-quality CPR for an adult.
- Perform high-quality CPR for a child.
- Perform high-quality CPR for an infant.
- Demonstrate the appropriate use of an AED.
- Provide effective ventilation by using a barrier device.
- Describe the importance of teams in multi-rescuer resuscitation.
- Perform as an effective team member during multi-rescuer CPR.
- Describe the technique for relief of foreign-body airway obstruction for an adult or child.
- Describe the technique for relief of foreign-body airway obstruction for an infant.
- Demonstrate knowledge of the OSHA required first aid topics.

Content planners/faculty

- Judith Haluka, B.S., RCIS, EMT-Paramedic — State of Pennsylvania

Types of CE credits available and eligibility requirements for each credit type

- **AMA PRA Category 1 Credit™**: Continuing Medical Education (CME) AMA PRA Category 1 Credit™ credit is available to you if you are a Doctor of Medicine (MD) or Doctor of Osteopathic Medicine (DO). You must certify in your registration that you are an MD or DO to earn this type of CE credit.
- **Non-Physician Medical Professionals**: Designated for AMA PRA Category 1 Credit™ which is applicable to medical professionals who are not physicians, including chiropractors, paramedics, emergency medical technicians (EMT), etc.

- ACPE: Accreditation Council for Pharmacy Education (ACPE) credit is available to Pharmacists and Pharmacy Technicians. In order to earn ACPE credit, we are required by the National Association of Boards of Pharmacy (NABP) and ACPE to collect both your NABP number and date of birth in MM/DD format. You must enter it during registration to receive credit. You CANNOT use an organization/MTF NABP number, it must be YOUR number. If you do not have an NABP number, please go to https://store.nabp.net/OA_HTML/xxnabpibeGblLogin.jsp and sign up for this number. If you do not provide this information, you will not earn credit. All CE eligibility requirements noted above must be adhered to in order to receive this certification. Please note, due to ACPE guidelines, all credit awarded by ACPE accredited providers to Pharmacists and Pharmacy Technicians will be available via CPE Monitor. If participants would like a paper statement of credit, they may print an individual statement of credit or a transcript from their NABP e-profile.
- ADA CERP: American Dental Association, Continuing Education Recognition Program (CERP) credit is available to Dentists and Dental Technicians.
- ANCC CNE: American Nurses Credentialing Center, the Continuing Nursing Education (CNE) credit is available to Nurses and Nurse Practitioners.
- IPCE: Interprofessional Continuing Education credit is available for the healthcare team.

Joint Accreditation Statement

In support of improving patient care, this activity has been planned and implemented by the Postgraduate Institute for Medicine and Pacific Medical Training. Postgraduate Institute for Medicine is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.



JOINTLY ACCREDITED PROVIDER™
INTERPROFESSIONAL CONTINUING EDUCATION

Physician continuing medical education - AMA (MDs, DOs)

The Postgraduate Institute for Medicine designates this enduring material for a maximum of 8.0 *AMA PRA Category 1 Credits*™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Continuing pharmacy education

Postgraduate Institute for Medicine designates this continuing education activity for 8.0 contact hours (0.8 CEUs) of the Accreditation Council for Pharmacy Education.

Universal Activity Number – JA4008162-9999-25-165-H01-P

Universal Activity Number – JA4008162-9999-25-165-H01-T

Type of activity – Knowledge

Continuing nursing education - ANCC (RNs, APRNs, NPs)

The maximum number of hours awarded for this continuing nursing education activity is 8.0 contact hours.

Continuing dental education - ADA

Postgraduate Institute for Medicine is an ADA CERP Recognized Provider. ADA CERP is a service of the American Dental Association to assist dental professionals in identifying quality providers of continuing dental education. ADA CERP does not approve or endorse individual courses or instructors, nor does it imply acceptance of the credit hours by boards of dentistry. Concerns or complaints about a CE provider may be directed to the provider or to the Commission for Continuing Education Provider Recognition at ADA.org/CERP.

Postgraduate Institute for Medicine designates this activity for 8.0 continuing education credits.

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Interprofessional continuing education



Esta actividad fue planificada por y para el equipo de atención médica, y los estudiantes recibirán 8,0 créditos de Educación Continua Interprofesional (IPCE) por aprendizaje y cambio.

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Method of participation and request for credit

During the accreditation period, participants must read the learning objectives, faculty disclosures and study the entire educational activity.

If you wish to receive acknowledgment for participation of this CME/CE activity, you must complete the following:

- Complete the post-test and evaluation online within 10 days of the activity.
- Upon successfully completing the post-test with a score of 84% or better and the activity evaluation, your certificate will be made available via email.

For Pharmacists and Pharmacy Technicians:

- You must provide your NABP ePID and date of birth in MM/DD format during registration to receive credit.
- Upon successfully completing the post-test with a score of 84% or better and the activity evaluation form, transcript information will be sent to the NABP CPE Monitor Service within 4 weeks.
- You are not eligible to receive ACPE credit if you have previously received credit for this activity.

If you have questions regarding the certification of this activity, please contact PIM via email at inquiries@pimed.com.

Media

Internet

Disclosure of unlabeled use

This educational activity may contain discussion of published and/or investigational uses of agents that are not indicated by the FDA. The planners of this activity do not recommend the use of any agent outside of the labeled indications. The opinions expressed in the educational activity are those of the faculty and do not necessarily represent the views of the planners. Please refer to the official prescribing information for each product for discussion of approved indications, contraindications, and warnings.

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